



Holistic Yoga Teacher Training & Personal Transformation

Student Application

We are excited that you are interested in HYTT & PT at Yoga Sanctuary. Please print this application and submit it to Yoga Sanctuary along with a \$100 nonrefundable deposit. We will be in touch with you soon and look forward to sharing yoga, sharing life and sharing peace with you.

Full Name: _____
Name you like to be called: _____
Address: _____
City: _____ State: _____ Zip: _____
Phone: _____ Birthdate: _____
Email (please print): _____
<u>Person to contact in case of emergency:</u>
Name: _____ Phone: _____

Please share a bit about:

Your yoga history (how long, styles of yoga, locations, previous training, etc) -

Your current yoga practice (home, studio, classes, study, meditation, etc) -

Injuries and illnesses and how they impact your yoga practice -

Teaching experience (yoga and other) -

Yoga books/resources that have influenced you -

A little about your life (occupation, family, hobbies, etc)

Why you want to participate in Holistic YTT and Personal Transformation training-

How did you hear about our Holistic YTT & Personal Transformation Program?

Please enter your level of interest for the following topics: (L/low, M/med, H/high)

asana_____ philosophy _____ meditation _____ teaching principles _____

food & nutrition _____ self-care _____ community building _____

Yoga Sanctuary Holistic YTT & Personal Transformation Payment Information:

____ I have paid the \$100 non-refundable deposit via PayPal, cash, or check to HYTT.

Choose one option for the remaining program payment:

____ Introductory Offer - \$2700 (\$100 deposit with Application, \$2600) *First 5 applicants fully-paid

____ Early Bird - \$2800 (\$100 deposit with Application, \$2700 before July 15)

____ On Time - \$2950 (\$100 deposit with Application, \$2850 on Sept 18, 2019)

____ Three Installments - \$2999 (\$100 deposit with Application, \$966 due SEPT, NOV & MAR)

Payments can be made by cash, check (HYTT) or card via PayPal at www.YogaSanctuaryMpls.com

Please contact Shelley Pagitt with any questions regarding the Holistic Yoga Teacher Training Program at Yoga Sanctuary. We are so happy to connect with you and hope you choose this step to deepen your awareness of yoga and open to personal transformation. It's gonna be fun!

shelley@YogaSanctuaryMpls.com 612-567-YOGA (9642) 100 West 46th Street, Mpls, 55419